



## Youth and Family Services

A continuum of services is available to youth and their parents. Individual and group counseling services are designed to address the profound impact of family violence on youth.

## Youth and Family Therapy

Individual and family therapy is available when the trauma of living in a violent family results in long-term post-traumatic stress and other mental health diagnoses. The role of the Therapist is to help clients prepare to make positive changes in their lives.

## Mentorship

Children need positive role models. Cornerstone gives supportive community members the chance to be a mentor to a child whose life has been affected by family violence. A one-year commitment can make a lifetime of difference for a child.

## School-based Violence Prevention

Preventing Abuse and Violence through Education (PAVE) combines classroom education with individual and group counseling. The curricula includes units on Bullying and Harassment, Young Men's and Young Women's Anger Awareness, and Gender Issues. Student Advisory Groups promote non-violence within the school environment.



*We are all vulnerable to abuse in our relationships, and each individual's experience is unique. One's gender, race, age, affectional preference, professional status, economic privilege, or religious affiliation does not remove the risk for victims, or excuse the use of violence by perpetrators. Cornerstone's services are available to women, children and men who are victimized by domestic abuse.*

Cornerstone Advocacy Service  
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*Rebuilding lives, restoring hope.*

# cornerSTONE



*Rebuilding lives, restoring hope.*

When you live with domestic abuse, it can

feel like there is no way out.

Cornerstone can help you find your way.

*As overwhelming as everything might seem; there are options and help is available. No one deserves to be abused.*

### **24-Hour Help-line**

Staffed around the clock, seven days a week, our Help-line provides immediate access to all emergency services for individuals and families that are in crisis due to family violence.

### **Emergency Shelter**

Safe housing is available for victims of family violence and their children who are in imminent danger. We provide residents the advocacy and support they need to develop a safety plan and a goal plan so they will be able to remain safe. Individual counseling is available for both adults and children.

### **Transportation**

Cornerstone will provide transportation assistance for victims to get to our emergency safe housing. Whenever possible, we will also assist our residents to get to court appearances and other appointments related to the abuse.

### **Protection for Pets**

Because abusers often threaten to hurt or destroy the family pets to prevent victims from leaving, this service provides safety and security for their pets while they are in emergency safe housing.

### **Transitional Housing**

Cornerstone provides up to twenty-four months of secure, affordable housing for families that have become homeless as a result of fleeing a violent partner. This structured program includes supportive services designed to meet the needs of each family member.

### **Individual Advocacy**

A case manager assists our residents to navigate the maze of government and social service agencies. Staff provides the support and encouragement so important to families rebuilding their lives.

### **Life Skills**

Residents participate in support groups, workshops, and individual meetings to learn how to manage their time, live on a budget, and improve their parenting skills. We address the emotional barriers residents struggle with such as guilt, shame, anger, and lack of self-esteem.

### **Chemical/Mental Health Counseling**

Therapists are available to provide therapeutic counseling regarding addiction and mental illness.

### **Housing Advocacy**

A Housing Specialist is available to provide information, resources, and referrals to those facing housing issues, or who are beginning the process of securing permanent housing.

### **Community-Based Services for Adults**

Cornerstone provides ongoing services that support adults who have been, or are currently in, an abusive relationship. Intimate partner abuse is a devastating experience. Leaving an abusive partner is difficult and dangerous. Knowing you have a safe, confidential place to go for supportive services makes taking that first step a little easier.

### **Senior Women's Advocacy**

Many older women have endured abuse for years. Cornerstone provides services designed to meet an older woman's needs. Advocates help her develop a safety plan and overcome the barriers that have kept her isolated.

### **Support Groups**

Both open and time-limited, education-focused support groups meet weekly. We also offer specific groups that are designed to meet the unique needs of GLBT clients, senior women, or family members who are abused by an adolescent child or sibling.

### **Criminal Justice Intervention**

CJI Advocates facilitate cooperation and understanding between law enforcement, and prosecutors working to ensure appropriate consequences for perpetrators of domestic assaults. We support the victim throughout the judicial process. We also offer safe housing and supportive services immediately after an arrest.

### **Family Court Advocacy**

We provide legal assistance to file an Order for Protection. Our advocates are available to write, notarize and deliver the Order to the Hennepin County Government Center for a judge's signature. Advocates accompany the victims to the hearing.

### **Parenting Education and Support**

Individual counseling and educational groups encourage positive parental interaction and provide the opportunity to discuss each child's unique behavior as a result of having lived with violence.